

Instructions-My Iceberg

1. Read the goals: Through this activity, we propose to visit some of your identity bases and to share in a second time what you want to share with your interlocutors during the ELISSE experience.
2. Take the questions into consideration:
 - What are your stories and/or what experiences did you live that made you discover other cultures: friends, family, travels, meetings, conferences, films...
 - In your opinion, how did these discoveries influence your identity?
 - How have you been able, through these experiences, to open your horizons and to take an interest in other cultures?
 - How does all those elements motivate you to consider a project with international students?
3. Building the iceberg – watch videos on building the iceberg
4. Work from the Iceberg model (Word document or using the online tool [canva.com](https://www.canva.com)), and then organize these elements keeping in mind that:
 - The visible elements (those that are visible to the person who meets you, including those you would prefer not to show but who are there anyway, etc.) must be placed in the emerged part of the Iceberg (the visible part Iceberg);
 - The invisible elements (those that we can hardly guess when we meet you) must be put in the submerged part of the Iceberg (the invisible part of the Iceberg).
5. Please share your iceberg with your local supervisor. In the context of a seminar, this tool can be used with the different icebergs of all the participants (if they have built any ones). On that seminar you might also answer the following questions:
 - On which elements of your Iceberg do you want to say something that would allow other ELISSE students to get to know you better?
 - Do you have concrete examples of how to understand/illustrate these elements?
 - What do you want other ELISSE students to remember from you?
 - Can you tell how the Iceberg exercise was easy or difficult for you?

At the end of the seminar animators of the group could choose to build a collective iceberg.