## Instructions

1. To start, you learn about 50 words of vocabulary in one of the languages of the host country (commonly used words) or a second language to communicate with your foreign interlocutors. You can help yourself with the free DUOLINGO application or software: https://fr.duolingo.com/ or any other tool at your convenience.
2. You use the $\mathbf{5 0}$ vocabulary words throughout your internship.
3. You regularly fill in the table of the 50 words used throughout your internship and you preserve it carefully (either on your computer or in paper version if you prefer to print it). Use the table template of the Word document in the Moodle space. In this table, you write:

- the words learned and used in the second language,
- the translation into your mother tongue,
- in the right column, add if necessary the comments that these words or expressions evoke to you (for example: a comment if the word used refers to a particular meaning in the foreign culture, etc.).

